



INTERVOICE DAY PROGRAM

Morning: Online-Only Program (9:00 AM - 13:00 PM)

Online from 8:30 AM with a waiting room

Zoom link:

<https://zoom.us/j/99401389929?pwd=ke4yDKb681WP0STxeHkBr8Nf11QdYN.1>

Meeting ID: 994 0138 9929

Passcode: 808268

9:00 - 9:15 AM

Welcome & Overview

Platform: Zoom (Online Only)

Introduction, Welcome, Housekeeping, Community Agreement Acknowledgment of Indigenous Culture and Lived Experience, technical information, and participant introductions.

9:15 - 9:45 AM

Keynote #1

Presenter will be joining online via Zoom Webinar.

Speaker: Sarah K Reece

Presentation- Gary: supporting young people with complicated minds

9:50 - 10:10 AM (7 minutes each)

County/Network Updates

Brief updates from their respective regions.

· Netherlands: Yvonne Doornbos

· Brasil: Eduardo Leao

10:10 - 10:25 AM

Hearing Voices and Recovery – Joachim Schnackenberg

10:25 – 10:40 AM

Sandra Escher Art Contest – Eduardo Leao

10:40 - 10:50 AM

Set up open space. All participants are invited to name a topic and host an online room if they feel they would like to.

10:50 - 11:00

Break. Participants are invited to network in the designated Online Rooms.

11:00 AM - 12:00 PM

Online Open Space

Open space room 1

Sarah K Reece will be host this open space. Sarah will be exploring the following: When voices can affect or even take over our bodies it can be a profoundly unsettling experience. It's easy to be overwhelmed and to see them as the enemy. However, once we put aside the serial killer tropes we find thousands of untold stories of quiet hope. Sarah is multiple themselves and has been collecting these stories and exploring diverse experiences of multiplicity/plurality for many years. Many approaches and principles that people find useful are perfectly aligned with the learnings of hearing voices network, but some are unique to this experience. Sarah will demystify and humanise, and you will gain practical principles that promote recovery.

12:00 - 12:30 PM

Online Open Space Reflection

12:45 - 1:00 PM

Morning Wrap-Up

Platform: Zoom Main Room

Summary and instructions for viewing the in-person afternoon session online.

Close with Hi Ren

Afternoon: In-Person & Livestreamed Program

(Technology willing) (14:00 PM – 19:00 PM)

Brožík Hall in the heart of Prague, located in the Old Town Hall on the Old Town Square

14:00 - 14:15 PM

Reintroduce Welcome, community agreement

14:15 - 14:45 PM (30 minutes)

Keynote #2

Nina Falkenlove Lauridsen

“To this day, I still remember how it felt, when I was introduced to a different way of understanding voices, than the traditional psychiatric way. I remember the confusion, the anger and hurt, when I realised that the help I received, would never be enough, because it focused solely on illness, instead of life experiences. And I remember the first

spark of hope, when I met people, who lived with their voices. So therefore, I have chosen to use my time at Intervoice Day, to share a bit of my personal story. A story that is filled with sorrow and hurt, but also love, compassion and hope. I have chosen this, because the most important thing, I can give to others around me, is the same thing that helped me - no matter if you are a voice hearer yourself, have a loved one who is suffering, is a professional that helps others, or whatever you might be - the most important thing I can give, is a story of hope.”

Nina Falkenlöve Lauridsen

14:50 - 15:10 PM (20 minutes)

Research Presentation

Anita Williams

Research on voice hearing groups discussion about research in the hearing voices movement A presentation in the afternoon, focusing more on reflections around conducting research from within the Hearing Voices Movement, experience as a facilitator and voice hearer.

15:10 - 15:30 PM (20 minutes)

CZ HV group presentations and how to use HV approach in Recovery House in Prague.

15:30 - 16:00 PM (30 minutes)

Robin Timmers (Netherlands)

Update of available new resources e-learning.

16:00 - 16:30 PM

Break

Use music/slides for Zoom attendees

16:30 – 16:45 PM

Greek film presentation

16:45 - 17:00 PM

Free Space

17:05 - 18:20 PM

Czech Book Launch

18:25 - 18:35 PM

Congress 2026 Announced Matt Ball Humane Clinic

18:30 - 19:00 PM

Closing Remarks

Reflections

A Welcome to the congress to come